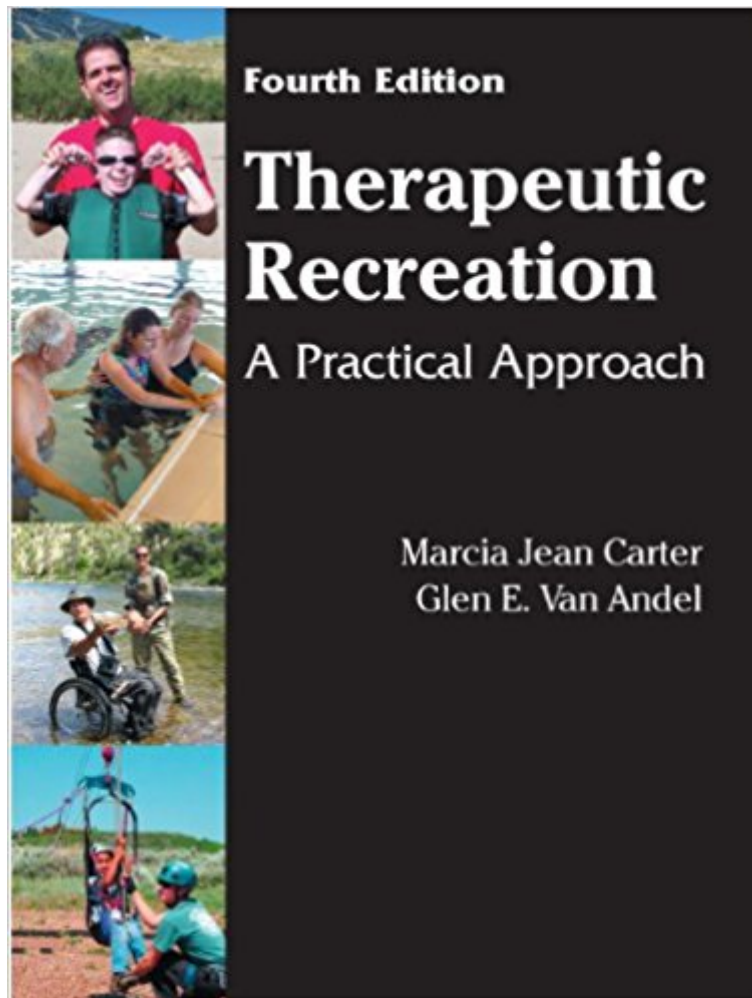




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# Therapeutic Recreation: A Practical Approach



## Synopsis

Part I contains a comprehensive discussion of the field's history and theoretical underpinnings, providing students with the perspective they need to evaluate the social, cultural, demographic, economic, and technical forces that have shaped and are continuing to impact health and human services in general, and therapeutic recreation in particular. Part II introduces students to the client populations served by therapeutic recreation specialists and describes specific approaches and activities employed by TR professionals to help clients achieve meaningful improvements in health status, functional capacities, and quality of life. The authors have retained the practical, student-oriented approach that makes this an ideal text for introductory courses. They address all content areas included in the NCTRC certification exam, are compatible with the American Psychiatric Association on psychological classifications, and incorporate the World Health Organization's international classification of functioning, disability, and health. The latest edition contains updated information on baby boomers, the obesity epidemic, and evidence-based practices; field-based photographs and illustrations; and study questions and exercises designed to engage students.

## Book Information

File Size: 46311 KB

Print Length: 545 pages

Publisher: Waveland Press, Inc.; 4 edition (February 1, 2011)

Publication Date: November 25, 2013

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00GUOBSJ2

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #279,028 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #46

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## Customer Reviews

If you're looking for visual examples of the documentation required of this profession, such as assessments, treatment plans, SOAP notes, discharge plans, etc. FORGET this book. All of the information pertaining to TR practice is there, but without a single example of the actual documentation. Instead you'll find flow charts which, while helpful in decisionmaking, do not fulfill the book title's promise of "practical" -- meaning "in practice." You'll need a different textbook for the truly practical applications.

good

It's an okay book not much fun reading it, no good examples but just straight facts

Great tool to study from or even to use as a reference for papers, programs or anything else related to TR.

great book

I ordered this because the book was not available in the book store in my school. It is a required text, but I see myself using this book going into the profession itself. I won't be selling this book back.

The book is advertised as the fourth edition so I thought that was what I would receive but it was not. Needed the fourth edition for class not the original. They have different content.

Great resource. still relevant,

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